

Cipla

Salmeterol & Fluticasone
Propionate Inhaler

Seroflo-S
inhaler

with
dose indicator

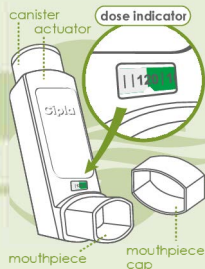
patient information
leaflet

please read this leaflet
completely before use



ABOUT YOUR SEROFLO-S INHALER

PARTS OF THE INHALER



Your **SEROFLO-S** inhaler now comes with a dose indicator. It shows the number of puffs in the inhaler. As you use the inhaler, the dose indicator will countdown and indicate the number of puffs remaining.

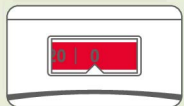
HOW TO KNOW THAT YOUR SEROFLO-S INHALER IS GETTING OVER

When there are 40 puffs remaining, the colour on the dose indicator will change from green to red.



This indicates that fewer doses are remaining in the inhaler. You should now consider getting a new inhaler or ask your doctor if you need another one.

When the dose indicator displays '0', this means that there is no more medicine left in the inhaler & you need to discard the inhaler. Your inhaler may not feel empty & it may continue to operate, but you will not get the right amount of medicine, if you keep using it beyond '0'.



BEFORE USING YOUR SEROFLO-S INHALER

- 1 Remove the cap from the mouthpiece & make sure that the mouthpiece is clean.
- 2 Hold the inhaler away from your face. Shake it well & release two puffs into the air.



- 3 The dose indicator will show the number '120', indicating the number of puffs in the inhaler. Now your **SEROFLO-S** inhaler is ready for use.

If you have not used your inhaler for a week or more, shake well and release one puff into the air.

USING YOUR SEROFLO-S INHALER

- 1 Sit or stand upright. Remove the mouthpiece cap & shake the inhaler well. Hold it upright as shown, with your thumb at the base below the mouthpiece. Place either one or two fingers on top of the canister.



- 2 Breathe out fully, through your mouth.



- 3 Place the mouthpiece of the inhaler in your mouth between your teeth & close your lips around it (do not bite it). **Start breathing in slowly through your mouth. Press down the canister firmly & fully to release one spray while continuing to breathe in slowly & deeply.**



- 4 Remove the inhaler from your mouth & hold your breath for 10 seconds, or for as long as is comfortable. Breathe out normally.



- 5 If another puff is required, wait for at least 1 minute. Shake inhaler well & repeat steps 2 to 4. After use, replace the mouthpiece cap firmly & snap it into position.



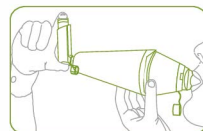
- 6 After taking each dose, rinse your mouth with water & spit it out.

IMPORTANT:

Do not rush steps 2, 3 & 4. It is important that you start to breathe in slowly before releasing a puff. To ensure correct use of the inhaler, use it in front of a mirror for the first few times. If you see 'mist' coming out from the top of the inhaler or the sides of your mouth, start again from step 1. This escaping mist indicates incorrect technique.



In case of difficulty in using the inhaler correctly, you may use it along with a spacer device.



FOR CHILDREN:

Parents must assist those children who need help in using the **SEROFLO-S** inhaler correctly with/without a spacer.



CLEANING YOUR SEROFLO-S INHALER

It is important to keep your inhaler clean. Clean your inhaler at least once a week.

- 1 Take the mouthpiece cap off. **DO NOT take the metal canister out of the actuator.**

- 2 Wipe the inside & the outside of the mouthpiece with a clean, dry cloth.



- 3 Replace the mouthpiece cap.

- 4 **DO NOT wash or soak any part of the inhaler in water.**

STORING YOUR SEROFLO-S INHALER

Store below 30°C and Protect from direct sunlight Do not freeze.

Keep the inhaler in an upright position, with the mouthpiece down.

DO NOT

- × Spray the inhaler in your eyes.
- × Exceed the recommended dose.
- × Change/tamper with the numbers on the dose indicator.
- × Puncture or burn the inhaler even when empty as it is pressurized.

Keep the inhaler out of the reach of children.